

Parenting with a Purpose



Come join us for our interactive and supportive **FALL SERIES** to learn and strengthen practical, proven and positive parenting skills.

Discussions include the following topics:

- ◆ *Understanding Needs & Feelings*
- ◆ *Physical & Emotional Development in Children*
 - ◆ *Positive Discipline*
 - ◆ *Communicating with Respect*
- ◆ *Positive Ways to Deal with Stress*
 - ◆ *Nutrition & Safety*
- ◆ *Building Nurturing Parenting Skills*

TUESDAYS

12:00pm to 2:00pm

Beginning: October 23, 2018

Ending: December 4, 2018

Free child care and transportation assistance available!

For more information or to register, please contact
Coral Stricler at (209) 257-1980 x 103
or cstricler@nexusyfs.org.

Para información en Español, por favor llame al (209) 257-1980 x 104.

Parenting Certificates
earned through program
participation!

LOCATION
Ione Family Resource Center
17 S. Buena Vista St.
Ione, CA 95640

A project of Nexus Youth & Family Services

1 Day Practical Parenting Classes

~ **Circle of Security** ~
0-5 year olds
December 6, 2018
9:00am—5:00pm

~ **Growing Together** ~
6-12 year olds
December 11, 2018
9:00am—5:00pm

~ **Calm, Confident Parenting** ~
13-18 year olds
December 13, 2018
9:00am—5:00pm

*All classes
include free child care,
transportation assistance,
snacks and lunch.*

*Please call for more
information or to register.*

(209) 257-1980 x 103

All
classes
are FREE!

